

Because you could save a life

CPR



Presented by:

North Ridgeville Fire Department

Performing CPR while waiting for medical assistance can greatly increase a person's chance of survival from cardiac arrest.

American Heart Association CPR/Basic Life Support (BLS) Certification

This class is designed for healthcare professionals and other personnel who need to be certified in BLS and other basic cardiovascular life support skills in a wide variety of in-facility and pre-hospital settings. Participants will learn high-quality CPR for adults, children, and infants, AHA Chain of Survival (BLS components), important early use of an AED.

Effective ventilations using a barrier device, importance of teams in multi-rescuer resuscitation and performance as an effective, team member during multi-rescuer CPR, and relief of foreign-body airway obstruction (choking) for adults and infants. **CPR certificate will be received upon completion of this course. Cost covers CPR certificate and materials.**

Ages: 11 Years Old & Up
Fee: \$10 Resident / \$15 Non-Resident
Location: NR Fire Station 1, 7000 Ranger Way

Ses I SAT 01.08 10:00-2:00PM
Ses II SAT 02.05 10:00-2:00PM
Ses III SAT 03.05 10:00-2:00PM
Ses IV SAT 04.02 10:00-2:00PM

Family & Friends® CPR

The Family & Friends CPR Course teaches the lifesaving skills of adult Hands-Only CPR, adult CPR with breaths, child CPR with breaths, adult and child AED use, infant CPR, and mild and severe airway block for adults, children, and infants. Skills are taught in a dynamic group environment using the AHA's research-proven practice-while-watching technique, which provides students with the most hands-on CPR practice time possible. Cost covers booklet for you to keep. **A CPR certificate is not given upon completion of this class.**

Ages: 8 Years Old & Up
Fee: \$3 Resident / \$5 Non-Resident
Location: NR Fire Station 1, 7000 Ranger Way

Ses I SAT 01.29 9:00-11:00AM
Ses II SAT 02.26 9:00-11:00AM
Ses III SAT 03.26 9:00-11:00AM
Ses IV SAT 04.30 9:00-11:00AM

Register online:

www.nridgeville.org/parksandrec

OR

North Ridgeville Parks and Rec Office

7327 Avon Belden Rd.

Monday-Friday 8:00AM-4:30PM

